The Extreme - Q Multi-purpose Hot Air Machine

Owners Manual



Potpourri Warmer
Essential Oils Diffuser
Aromatherapy Device
Herbal Steamer / Vaporizer



Package Contents:

- 1. Heating Unit.
- 2. Whip/Hose with glass end and adapter.
- 3. Two Cyclone Bowls TM.
- 4. Two Food Grade High Temp Collection Bags with Glass end piece and O-rings (One bag tied + One Bag not tied).
- 5. 3" mini Whip/Hose to connect collection bag.
- 6. Remote Control w./ 3V Lithium Battery (type: CR 2025).
- 7. Detachable World Wide Power Adaptor 110-220 V. (4)C
- 8. Potpourri/Aroma Therapy Dish.
- 9. Glass Stirring Pin/Tool.
- 10. Two additional interchangeable glass end pieces.
- 11. One package of replacement Stainless Steel filter screens.
- 12. *Optional Rechargeable Portable Power Pack. This small compact power pack makes the unit totally portable, take it any where you go -no electrical outlet required! (*Sold Separately)

Front Panel Keys of Unit:

INDICATOR LIGHTS (3)

<u>MENU</u>: Press to select function.

POWER: On/Off.



<u>REMOTE</u> TRANSMITTER

UP KEY:

Increase function.

DOWN KEY:
Decrease function.

Press the MENU button until you reach the function desired (a full view menu will display: Temperature Setting, Celsius or Fahrenheit, Base Light on/off, Fan Speed, Auto-Shut Off timer). Using the Up & Down keys you will be able to adjust the function chosen. Displayed on the LCD Screen is the fan/speed icon (speeds 1,2,& 3), running time/auto-shut off timer, Pre-set temperature.

Keypad Functions on the Hand Held Remote Control:

FAN

<u>FAN KEY</u>: To turn fan ON press the fan#1 key for Low speed, fan#2 for Medium speed, and fan#3 for High speed. To turn off fan press the fan key #0



<u>LIGHT KEY</u>: To turn the blue base light ON/OFF press the key once for ON and again for OFF.



<u>POWER KEY</u>: To turn the heating unit ON or OFF, press the key once for ON and again for OFF.



4h

<u>AUTO-SHUT OFF KEYS</u>: To set the auto-shut off timer press either the 2 hour (2h) or 4 hour (4h) key to the desired time you want your unit to shut off. If you want to cancel the timer press the 0 hour (0h) key to cancel.



<u>AUDIO KEY</u>: To turn the audio "Beep" sound ON or OFF press the key once for ON and again for OFF.



PRE-SET TEMPERATURE KEYS: These keys are pre-programmed to the most common temperatures used for your convenience.



- To increase past 230° use the + key.



PLUS & MINUS KEYS: These keys will also increase or decrease temperature in increments of 5 degrees. Temperature range is from 50° - 260°C.



IMPORTANT: Read Instructions Before Use

CAUTIONS & Tips:

- The glass bowl gets HOT, especially at the bottom. Either turn the temperature down or turn the
 unit off and wait until it cools before touching. To remove the Cyclone Bowl TM. grab it at the very
 top around the black heat resistant wrap to empty contents.
- ALL GLASS PARTS GET HOT. When removing the Cyclone Bowl TM. from the warming unit set it on a heat safe surface, such as metal or glass. Never place a hot bowl on a wooden/fabric/ plastic or other non heat safe surface.
- Never Drop or Tap any glass pieces on hard surfaces, this will cause cracking/breaking, even the strongest of glass will crack/break, so handle with care.
- DO NOT expose HOT glass parts to cold water or Extreme temperature change as this will result in cracking/breaking. If the warning unit & glass parts are left in cold temperatures always let the unit and parts warm up to room temperature before plugging in and using.
- Allow for a "cool down" period before touching/cleaning each part.
- Never pry or force the glass together or apart. If it is hard to join the glass pieces together or if the glass ever sticks together at the joints, gently wiggle the glass piece slightly back and forth, this motion will loosen the glass joints. This usually means it's time to clean the glass parts so all glass pieces make a smooth connection. If the glass parts get stuck together put the warming unit/glass parts in a very cold area, such as a cold room then when cooled they will come apart.
- Filter Screens may shift or move around, but after a couple uses the screens will fall/fit into place.
- Experiment with the different temperature settings for each herb or product used, for your own
 preference and to optimize your yield. Different factors will result in different temperature settings,
 such as moisture content, potency of each essential ingredient etc. * Note: Units display heater core
 temperature not the vaporizing temperature, therefore temperature displayed will be higher than the
 vaporizing temperature.
- When filling the Cyclone Bowl TM. small amounts are recommended to ensure proper release of the herbal essences. For essential oils place one drop on a cotton insert.
- Stirring periodically with your stirring tool will crush up the herbs into a finer grind and will release more essence.
- The stainless steel filter inside the glass hose adapter may periodically fill up and collect fine
 particles when this occurs use the glass stirring pin provided and scrap the inside of the filter screen
 periodically. When the filter becomes dirty/clogged it's time to clean and/or change it.
- Our Heating Elements are manufactured to our spec's from quality ceramics.
- The 360 degree turning swivel action vapor whip & mini whips are made of Non-Toxic, Food/ Medical Grade Vinyl Tubing. Therefore no toxins, no smell or bad tastes.
- All Filter Screens are made of Stainless Steel/Titanium Material.
- All Glass is Borosilicate Strongest and Withstands Heat. (Note: caution/tips regarding care of glass).
- Do Not drop the unit as it is an electrical unit containing both glass and delicate circuitry that could break and damage the unit. Do not operate if damaged..
- Always operate unit on a flat dry surface. Do not obstruct fresh air intake located on base bottom.

Quick Start Guide

Manual Whip System:

- 1. First plug in the Warming Unit, turn "ON" via front panel or on the remote, set desired temperature and leave for 15 minutes or so to burn off any residues from packaging.
- 2. Place a small amount of finely ground herbs in the Cyclone BowlTM and place on the warming unit. Preheating your herbs by leaving the bowl on top of the unit while its warming up ensures your unit is quickly ready to use. When you put the herbs in the bowl be sure not to pack them in, this will interfere with the flow of air going through the herbs. How you pack your bowl and how much herbs you put in each time is the users preference. Experimentation is the best bet. If using essential oils place a drop on a sterile cotton batten (cotton ball) and insert into the Cyclone BowlTM. Using too much oil may result into the oils running down onto the heating element thus causing smoke and burning, one drop will go a long way. Discard and replace cotton after each use.
- 3. Attach the whip elbow into the top of the Cyclone BowlTM. The swivel action glass connection was designed to turn/spin around 360 degrees, therefore making passing/sharing easy with no kinks/twists in your tubing. Mouthpieces with joining couplers can be slipped on and off with ease, so each person can have their own mouthpiece. All pieces are universal and connect with each other.
- 4. Experiment with various temp setting. Start at a lower temperature setting, and turn the temperature down or up to suit your personal preference. After a couple uses you will know your favorite temperature setting for each herb used.
- 5. "Vapor on Demand", inhale slowly and deeply. You can control the density of your vapor by how fast and deep you inhale. Inhale slowly and you will warm the herbs creating a more dense vapor. Inhale fast and quickly and experience a lighter vapor. Keep the dome screen up inside whip elbow clean and clear of particles that can clog or restrict the air flow.
- 6. After 4-5 inhales or so use the provided stirring pin to stir the herbs in the Cyclone Bowl ™. This will break down your herb into a finer grind thus exposing more surface area and creating more vapor, repeat as needed. Once you no longer see or taste the vapor the herb is spent. Your herb now will look dehydrated & darker in color.
- 7. Discard the contents of the bowl and refill as desired.

Forced Air Whip System:

Follow the same steps for set up and operational procedures as listed above.

You can set the fan on:

#1 setting (Low Speed) for a light steam/vapor.

#2 setting (Medium Speed) for a bit faster delivery.

#3 setting (High Speed) for a fast delivery.

Freshen & Deodorize too!

The forced air method is also excellent for instant Freshening/Deodorizing of a room, or Aroma Therapy. Fill the Cyclone Bowl TIM. with your favorite fragrance/herb, turn fan on Low-Medium-High and disperse the aroma around the room with the whip.

Note: Since some different herbs will leave their aroma/fragrance in the whip, we suggest you use separate whips for different types of herbs and purposes.

Collection Bag System:

This method is used with the fan and the Collection Bag for herbs and aroma therapy. Same initial set up as mentioned on the other two delivery systems. The bag is joined to the glass mini whip (slides into tubing of the mini whip). Place the mini whip and bag into the top of the Cyclone Bowl TM, turn fan "ON" for best results we recommend that you use fan setting #3 (High Fan Speed). When the bag is full turn the fan "OFF" and remove the mini whip from the Cyclone Bowl TM. Disconnect the bag from the mini whip, and hold your finger over the opening of the glass mouthpiece - this prevents the vapor from escaping. Use the glass stirring pin to stir as needed.

Collection Bag System - Deodorizing/Aroma Therapy:

Follow the "Vapor Collection Bag System" procedures as mentioned above.

Deodorizing Method:

This method is ideal for deodorizing/freshening up closets, pet areas etc., places that smell stale or musty. Fill the Cyclone BowlTM, with your favorite scents and fill the bag with it. When the bag is full squeeze it and disperse the fragrance in area the you want to deodorize. The amount to disperse depends on the condition of the area to be treated. Repeat as needed.

Aroma Therapy Method:

This method is great for using natural herbs for their natural effects/benefits. Fill your area/room with Lavender, sit back and relax to its natural calming/relaxing effects. Research different herbs and their purposes before using.

Note: Since different herbs will leave their aroma/fragrance in the bag, we suggest you use separate bags for different types of herbs and purposes. Research dating back thousands of years explains various herbs that can be vaporized and their benefits. Do some reading online, contact your Dr. or Naturopath for more info.

The following is Informational Content only:

Sweet Orange: A pleasant scent. Soothing and Refreshing.

<u>Lavender</u>: Considered a natural remedy for a range of ailments from insomnia and anxiety to depression and mood disturbances. Research has confirmed that lavender produces calming, soothing, and sedative effects.

Sage: Studies indicate that the substance found in sage oil may also offer antibacterial, antifungal and antiviral effects. In Germany sage herb is commonly used for upset stomach and excessive sweating. In England sage is used for some symptoms of menopause.

Eucalyptus: Has a strong fresh aroma. Used as a decongestant, cough remedy and to clear the air of allergens.

Lemon Balm: As a medicinal plant, it has traditionally been employed against bronchial inflammation, earache, fever, headaches, high blood pressure, influenza, vomiting etc.

Thyme: A natural antihistamine, also has antiseptic properties to help purge infections.

<u>Chamomile Flower</u>: Chamomile flower very effectively aids digestion and helps against gas and flatulence, reduces inflammation, insomnia, good diuretic, eliminates fluid retention and menstrual cramps, calms nerves and reduces anxiety and increases mental alertness.

<u>Hops</u>: Hops have been used as a flavoring, diuretic, sedative and aiding in treatment for intestinal cramping, menstrual problems, nervous conditions etc.

How to Assemble the Collection Bag:



<u>Step #1</u> - Slip one O-ring on the glass end piece between the two outer glass rings. Gather bag opening tightly (Do Not twist bag opening) and place the other O-ring around bag opening and roll the O-ring down around the bag about one inch. Now with the O-ring around the bag fan/fold the bag back until you can see the center opening of the bag.



<u>Step #2</u> - Once you have found the center opening of the bag slide the end piece into it (slide in straight to avoid punctures/rips to the bag) then slip/pull the O-ring along with the bag over the glass outer ring of stem.



Step #3 - Fold the bag flap back and slip the other O-ring (the one on the glass end piece) back over the same

Cleaning/Maintenance:

Unplug unit from outlet before cleaning. Allow all parts to cool down before handling and/or cleaning. When cleaning any glass DO NOT expose HOT glass parts to COLD water or EXTREME temperature change, as this will cause cracking and breaking the glass. All parts/screen filters are removable for ease of cleaning. Regular Rubbing Alcohol, Q-Tips, Pipe Cleaners etc. can be used to clean/sterilize, do no use anything abrasive to clean the glass or unit. Do not soak the vinyl tubing in alcohol as it may absorb the smell/taste, all glass and screen filters are safe to soak. When parts are clean rinse thoroughly under hot water. All parts can be cleaned when assembled or disassembled, if you remove the vinyl tubing use care when taking the glass parts on and off. If you experience difficulty removing the vinyl tubing from the glass parts then soak the tubing in hot water for a few minutes, now you will find that the tubing is softer and more pliable to work with. To clean the warming unit and remote do not use any abrasive or harsh cleaners, a simple soft cloth dampened (not wet) with warm water will do the job. If accidental spillage of herbs/tobaccos goes down inside the unit, turn unit "Off" and unplug. Turn the unit upside down and gently shake it back and forth until the debris falls out. Always keep the dome screens up inside the whip elbows clear of any particles that can clog and restrict the air flow, replace/clean as needed. If your dome screens tend to fall out - take the dome screen place between your thumb and forefinger, gently push down on it a little so it squishes the screen down a bit to increase the diameter making it wider so it will not fall out.

Potpourri /Aroma Therapy Bowl:

The lowest heat setting $(50\,^{\circ}$ C) is the best when using the warming unit for potpourri/aromatherapy. You can use the potpourri dry or for full aroma keep the potpourri moistened when in use. Take the enclosed potpourri packed inside the aroma bowl and dampen it lightly with water, making sure it is NOT dripping any water - towel dry lightly to ensure. Place potpourri back in bowl and add 1 drop of your favorite scented essential oils on top of the dampened potpourri. Place the Aroma Bowl onto the Warming Unit. You can leave the bowl on low heat and/or turn the fan on to disperse the fragrance/aroma in your room. Normally a good setting on the fan would be #1 setting (Low), but if you want to use #2 setting (Medium) or #3 setting (High) you can do so. Depending on the potpourri/herb used (course heavy or light airy potpourri/herbs) will determine the fan speed, as you do not want the potpourri/herbs to blow out of the bowl! When using essential oils place a flat decorative stone inside the glass aroma bowl and place a few drops on top of the stone, as it warms it releases the aroma.

"Sit back and Relax - Enjoy!"

Disclaimer / Warnings / Safeguards:

- Close supervision is necessary when any appliance is used near children. Keep out of reach/use of children/minors.
- Vaporizing attachment is for use of people 18 years and older.
- The use of an accessory not recommended for use with this unit may cause injury or damage.
- Do not leave the unit turned on and left unattended. To disconnect turn the unit off (either manually on front panel or via remote) and remove/unplug the cord from the electrical outlet.
 Always remove the plug by gripping the plug body and pulling it from the outlet, never yank or twist the cord to unplug.
- This product is not licensed as a medical device, do not use unit for other than its intended use.
- Do not operate unit if damaged in any manner. Arizer Tech will not assume any liability for injury
 or damages resulting from the use or mis-use of this device.
- With regards to aromatherapy/ herbal inhaler it is the users responsibility to consult a Physician, Medical Advisor, Naturopath on the uses of such items.
- Do not let cord hang over edge of tables/counters, or touch hot surfaces. If any extension cord is
 needed make sure the cord is a grounded three prong power cord (grounding-type 3-wire cord), it
 should also be situated safely where it can not be pulled on or tripped over.
- To protect/prevent against electric shock/fire never immerse or operate the product in or around any water/liquids. Do not stick or pour anything down inside the unit.
- Do not store/operate/expose the unit and contents to extreme temperatures.
- Do not open up the unit, doing so may cause electric shock and voids all Warranty's. The
 Warranty does not cover units damaged by dropping, tampering, unauthorized service performed
 or attempted, modifying the unit, misuse or abuse.
- This product is not intended for any illegal use whatsoever. Consult your Local, State, Federal Laws.
- The information contained in this booklet are for instructional and cautionary instructions, for
 informational purposes only. In no way is any of the information contained intended to be a
 medical or prescriptive guide or to be used for diagnosing or treating a health problem, condition
 or disease.

Warranty Info:

All Units carry a Lifetime Warranty on the Heating Elements and Three Year Parts and Labor against defects in material or workmanship.

For Repairs/Warranty contact Customer Service at sales@arizer.com When sending the unit in for repair do not return any glass parts.

Glass Parts are not covered under warranty.

All Parts, Filter Screens and Accessories are replaceable, contact your local Retailer or our Customer Service department for pricing and info at: